

Scaleworks Plan

There are two versions of Scaleworks. One uses exercise **numbers**, the other, **letters**

General

The top row represents Scaleworks exercises for each column.

	1: A1	2: A2	5 : B1	6: B2	9: C1	10: C2	13: D1	14: D2	17: E1	18: E2	21: F1
C											
B \flat											
D											
F											
G											
E \flat											
A											
E											
A \flat											
B											
D \flat											
F \sharp /G \flat											

Advanced or Alternate

	3: A3	4: A4	7: B3	8: B4	11: C3	12: C4	15: D3	16: D4	19: E3	20: E4	22: F2
C											
B \flat											
D											
F											
G											
E \flat											
A											
E											
A \flat											
B											
D \flat											
F \sharp /G \flat											

Ideal tempi:

1-4 (A1-4) = mm 288 or faster

5-22 (B-F) = mm 144 or faster